

# NEWSLETTER

### 2024

Dear Friends of SVARAM Sound Experience, lovers of our instruments, sonic programs and growing global community!

With delight, gratitude and collective fulfilment, we are happy to share our 2024 newsletter with you.

It has been a certainly enriching, often challenging, but a rewarding journey from our very beginnings - emerging from more than 20 years cultural and rural social development works from the initial adventure of exploring materials for the vibrational qualities, grooming the acoustic craft skills of our young artisans to the large variety of musical instrument creations that we can offer to the community and the world at large.

Our focus on authentic craft and the emerging innovations always went hand in hand with building community - locally and increasingly so globally; sharing our work, exporting our instruments in more than 33 countries, having grown from the original 7 core members ("Saptasvaras") to now more than 85 individual-strong team. The 'living embodiment of an actual human unity' (see Auroville's Three Core Ideals) has always been the driving tone and motivation in our work and we are proud to have such a versatile team of local artisans and international volunteers, interns and experts joining our forces in the exploration of the harmonizing power of sound.

Trusting that you will find inspiring news from our wide range of activities in this newsletter, and that you continue to be an active and supporting participant of our thriving and strongly growing adventure of a more wholesome 'Sound Experience' - of the emergence of a truly global and diverse humanity, of a forward evolution towards a culture of progressive harmony and wellbeing.

Sharing our sound gifts and inviting You to celebrate here with us! And dedicating our musical and research works to the emergence of the psychic core of our existence!

Aurelio and the SVARAM Team

In this year's newsletter we bring you a kaleidoscope of diverse voices and impressions from some of our team members and associates that stand for the diversity of our community of sound explorers. Please note that we retained the personal style and expression, so to give you a taste of the very different characters involved in our adventure.

## **NEWS**



### Launch of our new ORBIT Instruments: PLANETARY PLATE BELLS

After many months of explorations, trials and errors we are really proud to be able to bring out this autumn our new instruments from the workshop of Anandavel and Vijay Prakash. You will be surprised about the flowering harmonic spectrum of these hand-hammered brass plates.

Contact us to know more



#### **NEW STUDIO / ATELIER**

With the beginning of last guest season we are proud to offer a new experience space for SVARAM students, interns and researchers on the second floor of the UTSAV Community building which also houses offices, boutiques and two café's. We have already conducted trainings and many inspiring programs, seminars and concerts in the beautiful space, with a library, two Sonorium Therapy spaces, a vibro-acoustic lab and a kitchen/lunch area and has agreat roof terrace for splendid sunsets!

Click here for location



### CREATION and OPENING of the New SOUND GARDEN

A great team effort and co-creation of our artisans created one of the most popular destinations of Auroville in only two months work!

Check it out here



### RECONSTRUCTION of our PRODUCTION PLACE

The sheds which had grown in an organic fashion over the last 20 years, from the very first shelter, creating a veritable labyrinth and beehive of activity of all the instrument makers, have finally been taken down just this August and while the production is going in temporary locations, we are constructing now pacca buildings with a local builder, foreseeing a huge shift in our set up and streamlining of processes and clarity of workstations.



### SVARAM'S HISTORIC JOURNEY of CREATIVITY AND COLLABORATION

Invited by the team of Auroville Landfund, Aurelio felt inspired to share the historic unfolding of SVARAM form its very beginning to the present situation and its role in the manifestation of Auroville and its collaboration with the local population of the surrounding villages. Here the link to the bit longer but surely captivating read of our journey.

Check it out here

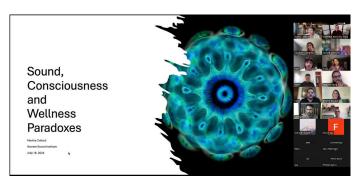




### SONORIUM – SOUND WELLBEING TRAINING

We are glad to share that we are able twice a year to offer a comprehensive training for the applications of our SONORIUM Sound Healing Space that has been developed over 12 years and is finding now interest from 5-star wellness sector, clinical wellbeing centers and some international hospitality projects. With more practitioners learning and applying the modality professionally, we are in the process of creating a network space for exchange and continuous mentorship and study. A supervised academic study on the benefits of the SONORIUM is planned in collaboration international with some academic Institutions.

MoU with ISCM -Institute of Salutogenetic and Complimentory Medicine, Puducherry At the occasion of the International Conference of Music Therapy, beginning Sept we will sign an MoU for Collaboration in Education and Research with the pioneering institute led by Dr Ananda Balayogi, with its Schools for Yoga- and Music Therapy.

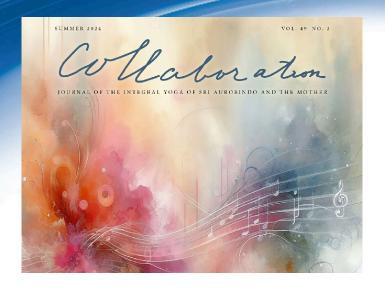




#### SONIC PERSPECTIVES Online Course

This year's edition of our 3-month online study course brought together an impressive group of young experts and practitioners from around the world, presenting from their in-depth work and practices. A very warm and coherent community of international participants came together for an intense 3 months of exploration, and certainly opening and widening perspectives into the sonic world and its versatile unfolding. For the list of the subjects covered, click the button below:

Check it out here



### NADA YOGA - Article from COLLABORATION Magazine

A special edition of the US Collaboration Magazine focused on Music and Consiousness also carried an article by Aurelio on Nada Yoga – Deep Listening and Resonance, describing in the context of the sonic ecology the essential practices of this ancient path leading towards the integral unification in diversity that Auroville promotes.

Check it out here



#### CONFLUENCE

On 17<sup>th</sup> September SVARAM organised a coming-together in the concentrated atmosphere of silence and sound contemplation while walking, observing and listening in the Matrimandir Gardens with flower decorations spread out in selected places, installation of the Mother's Symbol in 36 languages, more flowers and candles under the Banyan Tree, offerings by children with Sanskrit Chants in the Stone Circle and live music at the Amphitheatre.

To keep in touch with our future programs please click **HERE** or the pic below:



### Here are two of our upcoming major programs:



#### COSMIC OCTAVE GONG WORKSHOP

A special Interactive Workshop from 2<sup>nd</sup> to 6<sup>th</sup> December 2024.

Discover the Harmonics of the Universe with Jens Zygar, a distinguished sound musician since 1984, with over 40 years of experience for an immersive exploration into the Cosmic Octave — the science of the universe's vibrational frequencies. This workshop is ideal for those interested in sound healing, spiritual wellness, and deepening their understanding of cosmic frequencies.

Check details here



Certified Program in Auroville, Ind 20<sup>th</sup> to 25<sup>th</sup> January 2025

#### Module 3

#### Week 1 : Music & Medicine - The Therapeutic Process

- Integral Psychology & Holistic Health
- The Healing Process
- Working with Clients; one on one, in groups
- The Art of Touch; hands on modalities
- Healing arts and sound workIntake, Anamnese & Intuition
- Finding your Instruments, Create your sound Mandala

#### Week 2: Subject based workshops (27th to 31st January)

An international faculty offers in-depth workshops on following subjects:

- Sound and Wellness, Therapeutic Practises
- The Healing Voice
- Movement Work, Somatic Awareness and Craniosacral practices
- Polarity Work
- The Glorious Body & Merkabah

To become a certified Sound Wellness Practitioner requires further training modules, apprentice practises, and continuing consultancy, supervision with the trainers and a final project work.

Training fees 46,000 Rs. 18% GST included (Accommodation and meals are not included) Workshops between half and two days) can be booked single, according to interest, schedule forthorning, prices range between 1500 INR to 3000 INR per day.

Registration fee: 26,000 INR Final registration date: 01-12-2024 20% Cancellation fee applicable

Booking : svaramsoundhealing@gmail.com

WhatsApp : +91 8056058269

In case of cancellation or postponement of the program due to unforeseen events, the advance payment will be refunded. Svaram will not be responsible for any other

### ISSP INTERNATIONAL PROGRAM

From 20<sup>th</sup> January 2025, we are continuing our Integral Sound Studies and Practices with the Residential Module 3.

We invite you to join us on this one-week residential training, with the option to progress on with the offered workshops of the second week which are in the context of our new and extended two-year learning process. This additional module offers a fresh joining into the explorations of music and creativity and the healing arts.

#### Check details here

## **ARTICLES**

<u>Shaheen</u> relates about her journey of deepening her listening through participating and coordinating our programs.

<u>Timon</u>, this last year's candidate of the Austrian Social Service Abroad reflects on his work of creating the SVARAM library in our new Atelier/Study Center in the newly opened community builtding project in the Industrial Zone of Auroville.

Mohanraj, one of our promising young artisans, passionate about music making, shares his exciting experience of his first large stage program for the project of "Rhythm of Life" with Mahesh Vinayakram, Arnab Chowdury and his sister from the Sri Aurobindo Ashram in Pondy.

<u>Riccardo</u>, our sound engineer and producer from Italy, working in the studio and in home production, shares a bit of the process of our explorations and first creation of our electronic vibro-acoustic soundbed and its evolution. We will be happy to offer reports and testimonial in our next communication.

<u>Stuart</u>, our Santoor expert from England, weaves the story following on track of the three remaining Santoor Gharana's of Srinagar and the tradtion of the Sufi Kalam there. Glad to know that this ethnomusicological field trip was successful and is translated now into our own simple, archetypal hammered string instrument, which should be ready for the new season.

<u>Siv</u>, Aurovilian from Norway, helped in the warm up and coordination of our new upstairs Atelier study space, reflects on individual and collective 're-search' from the heart, in her association with CIRHU - Center for Research in Human Unity.

I trust that this diverse and rather sporadic snippets can offer an idea of the rich learning field that SVARAM is for so many, with each bringing in their own sound aspirations, offering them towards the evolution of "a progressive harmony" as The Mother had described the dynamic process of our journey towards human unity.

Vanakkam, Namaste



