



Sonorium Wellness Training 2024

Program in Auroville, India

5th to 17th August 2024

The Sonorium - Sound Wellbeing Space is a novel, unique and complete instrument set up creating wellness. It introduces the growing modality of Sound Wellbeing and Immersion as a simple and very effective method of deep relaxation, nourishing and tonifying regeneration. It offers a deep experience of heightened, synaesthetic perception of the immediate impact of sound vibrations on the body and its subtle layers. It creates an atmosphere and dedicated space for listening, tuning, aligning and coming into resonance with the universal principles of harmonizing sound.

“Sonorium Wellness Training” introduces the participants how to approach and play the instruments, and how to work with clients for their well-being.

In a concentrated 11-day training course the participants will learn about:

- Principles of Sound Wellbeing
- Concept of the Sonorium set up in total and its components
- Diverse instruments, playing, tuning and technicalities
- Musical foundation, harmony, dissonance and resonance
- Working with clients, the Therapeutic Context
- The Art of Touch
- Intuition, subtle perception, awareness
- How to set up and maintain a Sonorium space

The learning process includes theory and practical lessons, exercises, and self practise.

It is a professional introductory course. To become a certified *Sound Wellness Practitioner* requires apprentice practises in supervision and continuing consultancy with the trainers.

Training Fees : 75,000 INR

(accommodation and meals not included)

Registration fees: 40,000 INR Final registration date: 31.06.2024

20% Cancellation fees applicable

Loctation: Svaram Atelier, 2nd Floor, Utsav Building, Verite Radial, Auroville 605101

Contact: svaramsoundhealing@gmail.com / +91 8056058269

In case of cancellation or postponement of the program due to unforeseen events, the advance payment will be refunded. Svaram will not be responsible for any other loss