SVARAM is launching its Integral Sound Studies and Practices Program in a new format offering the opportunity for a more thorough introduction, exposure, immersion and training in the vast subject of the Craft, Art and Science of Sound. The program is designed to benefit everyone’s spiritual growth journey, deepen the practice of yoga and sonic explorations, as well as enhance the professional work of therapists, educators, health and social workers and wellness specialists.

Harnessing the expertise of our resource people, colleagues, teachers and alumni - we host a week’s intensive and a series of introductory workshops between 6 - 19 March 2024. Associated workshops and programs will then be held across our international network - facilitating participant’s interactions with various experts, researchers, innovators, explorers and practitioners.

In continuation of our Module 1, that was held from 17th - 23rd March, we present:

**Residential Module 2: 6th to 12th October 2024**
A week’s full-time intensive, morning practices, seminars and creative processes:

- Music Theory, Creativity and Instrument Play
- Music and Medicine: Healing Arts and the Therapeutic Process
- Principles of Creativity, Foundation and Play of Music
- Cymatics - Music, Matter and Senses “The Body’s Symphony of Sound and Vibration”
- Primary Music Making / Improvisation “Open Your Creative Flow”
- Musical Modes and the Elements
- The Harmonic Series, Proportions and Interval Signatures
- Pulsation, Metrics and Rhythms
- The Healing Process
- The Art of Touch
- Healing Arts and Soundwork

**Subject Workshops: 14th to 19th Oct 2024**
An international faculty offers in-depth workshops on the following subjects:

- Sound and Wellness, Therapeutic Practices
- The Singing Voice
- Musical and Recording Arts
- Movement Work, Somatic Awareness and Craniosacral Practices
- Deep Listening, Nature

**Booking and Course Fee for Module 2 : INR 46,000**
**Early Bird Offer : INR 42,000 (until 6th July 2024)**
Workshops (between half and two days) can be booked single, according to interest, schedule forthcoming, with prices ranging between INR 1,500 to INR 3,000 per day

**Cancellation Fee : 20% applicable**

For more details, contact: svaramsoundhealing@gmail.com | website : www.svaram.org