

## **Integral Sound Studies and Practices 2024/25**

### **International Program based in Auroville/India**

Svaram is launching its Integral Sound Studies and Practices Program in a new format offering the opportunity for a more thorough introduction, exposure, immersion and training in the vast subject of the Craft, Art and Science of Sound. The program is designed to benefit everyone's spiritual growth journey, deepen the practice of yoga and sonic explorations, as well as enhance the professional work of therapists, educators, health and social workers and wellness specialists.

Harnessing the expertise of our resource people, colleagues, teachers and alumni - we host a weeks intensive and a series of introductory workshops between 17 - 29 March 2024. Associated workshops and programs will then be held across our international network - facilitating participant's interactions with various experts, researchers, innovators, explorers and practitioners.

#### **Residential Module 1: 17<sup>th</sup> to 23<sup>rd</sup> March 2024**

- A week's full-time intensive, morning practices, seminars, creative processes

- The Sonic Paradigm: Principles of Therapeutic Music & Sound Healing
- Nada Brahman – A Sound Philosophy
- Vocal Explorations and Nada Yoga
- Organology – Musical Instruments of the World and their therapeutic significance
- Elements of Music and Sonic Spaces Exploration

#### **Visiting Expert Workshops: 25<sup>th</sup> to 30<sup>th</sup> March 2024**

- An international faculty offers in-depth workshops on following subjects:

- Sound and Wellness, Therapeutic Practises
- The Singing Voice
- Musical and Recording Arts
- Movement Work, Somatic Awareness and Craniosacral practices
- Deep Listening, Nature and Sound.....

#### **8 weeks online classes May to July 2024**

- A weekly 2 hours class taught online, offering an overview and deepening of the spectrum of sound subjects

#### **Residential Module 2: 6<sup>th</sup> to 12<sup>th</sup> Oct 2024**

- Music Theory, Creativity and Instrument Play
- Music and Medicine: Healing Arts and the Therapeutic Process

#### **Subject Workshops: 14<sup>th</sup> to 19<sup>th</sup> Oct 2024**

Our internationally associated teachers, faculty and their programs will be announced with the Module 1 Learning and gathering experience, skills and practices. This in depth training program culminates in a mentored 3 months project work in preparation for a final presentation on your unique approach to Sonic Work and its application.

#### **Booking and Course Fee for Module 1 (till 29<sup>th</sup> February 2024): INR 46.000,**

Workshops (between half and two days) can be booked single, according to interest, schedule forthcoming

#### **Cancellation Fee: 20%**

For more details, **contact:** [svaramsoundhealing@gmail.com](mailto:svaramsoundhealing@gmail.com) | **website:** [www.svaram.org](http://www.svaram.org)